

Advance Program (as of 9/14/10)

2010 International Symposium on Safe Medicine*

**Previously known as the International Symposium on Pharmaceuticals in the Home and Environment*



**Sunday - Tuesday
October 10 - 12, 2010**



**Holiday Inn by the Bay
Hotel & Convention Center
Portland, Maine**



This conference is designed for medical, health, pharmaceutical, and human service practitioners, educators, policymakers, law enforcement personnel, environmentalists, substance abuse professionals, and others concerned with the human and environmental impact of prescription drugs on individuals and their external environment.

See you in Portland, Maine

The exciting and beautiful coastal city of Portland, Maine offers a superb venue in which to learn, share ideas, and network with both a national and international gathering of authorities and other stakeholders on the major issues and challenges surrounding prescription drug use, misuse, abuse, return, and disposal.

New Conference Format This Year

This year's program will merge the traditional dual track agenda offered in past years on Monday, October 11th and Tuesday morning, October 12th such that all attendees will now have the special opportunity to attend informative and thought provoking sessions on the full range of issues surrounding: 1) the environmental and social impact of unused prescription drugs stored in homes and flushed or otherwise discarded into the

environment; 2) innovative return and disposal policy and program responses and related environmental issues; 3) the multitude of issues surrounding the use, misuse, and abuse of prescription drugs with a special focus on benzodiazepines, a class of medications used to treat anxiety, stress, and insomnia; and 4) pertinent health, safety, and improved medication prescribing practices and policies. Tuesday mid-late morning and afternoon, on October 12th, has concurrent sessions scheduled.

Don't Miss the Pre-Conference Workshops

You will not want to miss attending the special pre-conference workshops offered on Sunday afternoon, October 10th. This year, there are no additional registration fees required to attend these sessions. The workshop on "Effective Strategies in Opioid Prescribing" is being sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA)/Center for Substance Abuse Treatment (CSAT).

Charter Meeting of the International Association of Drug Waste Prevention, Disposal, and Medicine Safety Organizations

Concurrent with the conference, the Maine Institute for Medicine Safety will hold the charter meeting of the International Association of Drug Waste Prevention, Disposal, and Medicine Safety Organizations. It will be held starting at 5:30 pm on Sunday, October 10th. Questions about the International Association should be addressed to Dr. Stevan Gressitt at gressitt@gmail.com.

Sunday, October 10th

12:00 pm – Welcoming Remarks and Introductions

Lenard W. Kaye, DSW, PhD, Director, UMaine Center on Aging, Bangor, ME
Gayle Brazeau, PhD, Dean, College of Pharmacy, University of New England, Portland, ME

Pre-Conference Workshops and Meetings

12:15 pm – 1:00 pm

BrandNecessary.com - Pharmaceutical Diversion Intelligence Center

Ron Tyrant, Agent, Chatham Savannah Counter Narcotics Team, Savannah, GA

1:00 pm – 4:00 pm

Minimize Liability, Manage Risk, Ensure Patient Safety: Effective Strategies in Opioid Prescribing*

Melissa Foronda, MPH, Assistant Project Director, SAMHSA, Silver Spring, MD
Todd Mandell, MD, Medical Director, Vermont ADAP, Burlington, VT
Ilene Robeck, MD, Section Chief of Ambulatory Care Pain Clinic, James A. Haley VA Hospital, St. Petersburg, FL
Alan Wartenberg, MD, FACP, FASAM, Medical Director, Discovery House; Co-Medical Director, Opioid Treatment Program Department of Veteran Affairs Medical Center, Providence, RI

***Sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA)/Center for Substance Abuse Treatment (CSAT)**

4:15 pm – 5:15 pm

Retail Pharmacy Drug Diversion: Issues and Countermeasures

Renee DeWolf, President of NADDI of New England, Northbrook, IL

5:30 pm – 6:30 pm

International Association Convention (All Invited)

Stevan Gressitt, MD, Founding Director, Maine Institute for Medicine Safety, Portland, ME
Todd Mandell, MD, Medical Director, Vermont ADAP, Burlington, VT
Rodney Larson, PhD, RPh, Founding Dean, Professor, College of Pharmacy, Husson University, Bangor, ME
Lenard W. Kaye, DSW, PhD, Director, University of Maine Center on Aging, Bangor, ME

Monday, October 11th

- 7:30 am **REGISTRATION/CONTINENTAL BREAKFAST**
- 8:30 am **Introduction**
John Schloss, PhD, Chair and Professor, Department of Pharmaceutical Sciences, College of Pharmacy, University of New England, Portland, ME
- Welcoming Remarks**
- 8:40 am Stevan Gressitt, MD, Founding Director, Maine Institute for Medicine Safety, Portland, ME
- 8:45 am Anne H. Jordan, Commissioner, Maine Department of Public Safety, Augusta, ME
- 9:00 am Gordon H. Smith, Esq, Executive Vice President, Maine Medical Association, Manchester, ME
- 9:05 am **Cumberland Public Health District Medication Collection Project**
Shane T. Gallagher, MS, City of Portland, Public Health Division, HHS Department, Portland, ME
- 9:20 am Marc B. Hahn, DO, Dean and Senior Vice President for Health Affairs, College of Osteopathic Medicine, University of New England, Biddeford, ME
- 9:45 am **Green Chemistry**
Rich Williams, PhD, East Lyme, CT
- 10:15 am **BREAK**
- 10:30 am **Twelve Year Prescribing Trends for Fifteen Different Opioid, Benzodiazepine, Amphetamine, and Barbiturate Prescription Drugs Correlated with Report of Prescription Medication Abuse and Diversion**
Sean J. Belouin, PharmD, Commander, United States Public Health Service, Division of Workplace Programs, Centers for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, Rockville, MD
Janine D. Cook, PhD, DABCC, Division of Workplace Programs, Centers for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, Rockville, MD
- 11:15 am **Treatment Strategies to Address Prescription Drug Misuse and Abuse***
Todd Mandell, MD, Medical Director, Vermont ADAP, Burlington, VT
*Sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA)/Center for Substance Abuse Treatment (CSAT)
- 12:00 pm **LUNCH**
Luncheon Speaker:
Curbing Prescription Drug Abuse – The Federal Government’s Perspective
Regina M. LaBelle, Senior Policy Advisor to the Director, Office of National Drug Control Policy, Washington, DC
- 1:00 pm Anna Gilmore Hall, RN, CAE, Executive Director, Practice Greenhealth, Reston, VA
- 1:15 pm **Safe Drug Disposal: Blueprint for the Future**
Charlotte A. Smith, RPh, MS, HEM, Director, PharmEcology Services, WM Healthcare Solutions, Inc., Wauwatosa, WI
- 1:45 pm **National Drug Intelligence Center (NDIC) National Drug Threat Survey Data and Controlled Prescription Drug Issues**
Douglas Ross, Field Intelligence Officer, National Drug Intelligence Center U.S. Department of Justice,
- 2:15 pm **BREAK**
- 2:45 pm Kathy Sykes, Senior Advisor, Aging Initiative, Office of Children’s Health Protection and Environmental Education, Child and Aging Health Protection Division, U.S. Environmental Protection Agency, Washington, DC
- 3:30 pm **Safe Medicine Disposal for ME: 2010 Update, Review of Current Operations, and Future Plans**
Jennifer Crittenden, MSW, Research Associate, UMaine Center on Aging, Bangor, ME
Roy E. McKinney, Director, Maine Drug Enforcement Agency, Augusta, ME

- 3:50 pm **The American Medicine Chest Challenge..A Collaborative Public Health Initiative Featuring Community Coalitions, Law Enforcement and the Media**
Angelo M. Valente, Chief Executive Officer, American Medicine Chest Challenge, Millburn, NJ
- 4:10 pm **Using Mail for the Safe and Secure Recovery of Unwanted Pharmaceuticals: Current and Future Prospects**
Emil J. Dzuray, Manager, Sustainability Initiatives, U.S. Postal Service, Washington, DC
- 4:40 pm **International Association Convention (All Invited)**
Stevan Gressitt, MD, Founding Director, Maine Institute for Medicine Safety, Portland, ME
Todd Mandell, MD, Medical Director, Vermont ADAP, Burlington, VT
Rodney Larson, PhD, RPh, Founding Dean, Professor, College of Pharmacy, Husson University, Bangor, ME
Lenard W. Kaye, DSW, PhD, Director, University of Maine Center on Aging, Bangor, ME
- 7:00 pm **Film Presentations**
Host: *Stevan Gressitt*, MD, Founding Director, Maine Institute for Medicine Safety

Tuesday, October 12th

- 7:30 am **REGISTRATION/CONTINENTAL BREAKFAST - **Erin McGuire*, Congresswoman Chellie Pingree (ME-1), Field Representative and Legislative Aide
Congressman Mike Michaud (Invited)**
- 8:30 am **Welcome**
Rodney Larson, PhD, RPh, Founding Dean, Professor, College of Pharmacy, Husson University, Bangor, ME
- 8:35 am **Introductory Remarks**
Theophile Theophanides, MA, PhD, FCIC – ATINER, Athens, Greece
- 8:40 am *Julie K. Pease*, MD, President of Maine Association of Psychiatric Physicians, Brunswick, ME
- 8:45 am *Thomas Delahanty, II*, U.S. Attorney, State of Maine, Portland, ME
- 9:00 am **DEA Update on the Disposal of Dispensed Controlled Substances**
Cathy Gallagher, Associate Section Chief, Liaison and Policy Section, Office of Diversion Control, Drug Enforcement Administration, Springfield, VA
- 9:30 am **Policy and Practice Implications From MEHAF's Medication Assistance Evaluation: Helping People Access the Care They Need for Better Health and Fewer Visits to the Doctor**
Kimberly Fox, Senior Policy Analyst, Cutler Institute for Health and Social Policy, Muskie School of Public Service, University of Southern Maine, Portland, ME
Kimberly Crichton, JD, Program Officer II, Maine Health Access Foundation, Augusta, ME
- 10:00 am **BREAK**
- 10:15 am **Perilous Polypharmacy – Partnering in Medication Safety**
Kevin L. Wallace, MD, Associate Professor, Pharmacy Practice, College of Pharmacy, University of New England, Portland, ME
- 10:45 am **Pharmaceuticals in the Environment**
Timothy Ford, PhD, Vice President for Research & Dean of Graduate Studies, University of New England, Biddeford, ME
Antibiotic Resistance in Boston Harbor
Karen L. Lachmayr, Manager of Educational Programs, Microbial Sciences Initiative, Harvard University, Cambridge, MA
Transport and Dilution of Contaminants in Coastal River Plumes: Examples from Saco River and Bay
Philip Yund, PhD, Director - Marine Science Center and Center for Land-Sea Interactions, University of New England, Biddeford, ME

Tuesday, October 12th - Track A

- 11:30 am **The Mid Coast Medication Collection Partnership: All About Collaboration**
Jack Underwood, RPh, Director of Pharmacy, Mid Coast Hospital, Brunswick, ME
Melissa Fochesato, Substance Abuse Prevention Coordinator, Mid Coast Hospital & Communities Against Substance Abuse Coalition, Brunswick, ME
- 12:00 pm **LUNCH**
Luncheon Speakers:
Benzodiazepines in Science and Society
Robert Whitaker, Journalist and Author of *Anatomy of an Epidemic*,
Unwanted Medicines and Educating our Communities: What Have we Learned, How are we Doing and What are the Next Steps? Experiences from the Great Lakes States
Susan Boehme, PhD, Coastal Sediment Specialist, Illinois-Indiana Sea Grant -UIUC Extension, Liaison to the U.S. EPA Great Lakes, National Program Office, Chicago, IL
- 1:00 pm **Charting a Course for Educating People about Safe Practices of Unwanted Medicines: An Innovative Model**
Paul Ritter, National Coordinator, National Prescription Pill & Drug Disposal Program Network (P2D2 Program) Pontiac, IL
Teri Hallesy, BS Education, Education Specialist, Illinois Indiana Sea Grant Program, Urbana, IL
- 1:30 pm **Family Caregiver Influence on Elderly Patient Medication Utilization**
Eloise Rathbone-McCuan, PhD., MSW, Professor, School of Social Work, University of Missouri-Kansas City
- 1:45 pm **Safe Use: Collaborating to Reduce Preventable Harm from Medicines**
James R. Hunter, Rph, MPH, Senior Program Manager, Controlled Substance Staff, Food & Drug Administration Silver Spring, MD
- 2:00 pm **Efforts to Manage Unneeded and Unwanted Medicine in the Granite State**
Brandon Kernen, MS, Civil and Environmental Engineering, Tufts University; BS Hydrology and Water New Hampshire Department of Environmental Services, Concord, NH
- 2:30 pm **Evolution of US Pharmacist's Role in Drug Adherence**
Conrad Dhing, PhD, Associate Professor, Social and Administrative Sciences, Husson University, Bangor, ME
- 3:00 pm **BREAK**
- 3:15 pm **Systems Thinking - An Integrated Closed Loop Solution for Managing Unused Rx**
Susan Hopp, Principal, SeaChange Waste Management, Presido MBA Sustainable Management, 2010,
Monica Alderette, Principal, SeaChange Waste Management, Presido MBA Sustainable Management 2010
- 3:45 – 4:30pm **Deficiencies in prescribing and patients information on the prescribed treatment – reason for medication errors, lack of adherence and drug waste – a Swedish experience**
Staffan CastenSSon, PhD, Associate Professor, Medical Products Agency, Sweden
Anders Ekedahl, PhD, Assoc. Professor, Medicine Use, Medical Products Agency, Sweden

Tuesday, October 12th - Track B

- 11:30 am **Growth and Evolution of Take-Back Programs in Washington State**
Will Perry, Health & Environmental Investigator, Public Health/Seattle & King County, Seattle, WA
- 12:00 pm **LUNCH**
- 1:00 pm **Prescription Drug Abuse in the Elderly**
Noell Rowan, PhD, Assistant Professor, Director, BSW Program, University of Louisville, Louisville, KY
Lori M. Paris, MSW, Director, Long Term Care Services, Park View Psychiatric Services, Jefferson, IN
- 1:30 pm **Prevention of Prescription Drug Overdose Fatalities in Western North Carolina Using Community-Interventions and Naloxone**
Fred Wells Brason II, Project Lazarus, Wilkes Healthy Carolinians Council, Northwest Community Care Network, Moravian Falls, NC

- 2:00 pm **Strategic Prevention Framework and the National Service to Science Program are Being Applied in Alaska**
Mary C. Sullivan, Program Manager, Seniors Behavioral Health Coalition, Akeela Inc. , Anchorage, AK
Captain Keith Mallard, Alaska State Trooper, Anchorage, AK
Ali Little, Executive Assistant, Matanuska-Susitna Borough, Administration Department, Palmer, AK
- 2:30 pm **Trends in Controlled Substance Prescribing in Maine**
Dan Eccher, MPH, PMP Project Coordinator, Office of Substance Abuse, Augusta, ME
- 3:00 pm **BREAK**
- 3:15 pm **Law Enforcement and Pain Management**
Carlos Aquino, Compliance Consultant & Founder, PharmaDiversion, LLC, Media, PA
- 4:00 pm **The Use of Cannabis as a Substitute for Prescription Drugs: The Case of Chronically Ill Patients**
Amanda Reiman, MSW, PhD, Director of Research, Berkeley Patients Group, Berkely, CA
- 4:10 - 4:30pm **Prescribing Medications Isn't Enough - How to Help Your Patient Obtain the Medications They Can't Afford**
Rich Sagall, MD, President, NeedyMeds, Gloucester, MA
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- 4:45 pm **Closing Remarks**
John Schloss, PhD, Chair and Professor, Department of Pharmaceutical Sciences, College of Pharmacy, University of New England, Portland, ME
- 5:00 pm **International Association Convention (All Invited)**
Stevan Gressitt, MD, Founding Director, Maine Institute for Medicine Safety
Todd Mandell, MD, Medical Director, Vermont ADAP, Burlington, VT
Rodney Larson, PhD, RPh, Founding Dean, Professor, College of Pharmacy, Husson University, Bangor, ME
Lenard W. Kaye, DSW, PhD, Director, University of Maine Center on Aging, Bangor, ME

Wednesday, October 13th

Interested parties may take part in a tour of the University of New England, College of Pharmacy
from 9:00 am - Noon



CONFERENCE PARTNERS



CONFERENCE SPONSOR

The Substance Abuse and Mental Health Services Administration (SAMHSA)/Center for Substance Abuse Treatment (CSAT)



CONFERENCE REGISTRATION

REGISTRATION FEES:

Full Conference (Mon/Tues): \$199
(includes pre-conference workshops
and meetings on Sunday)

One Day (Mon or Tues): \$119

STUDENTS (Photocopy of student ID required):

Full Conference (Mon/Tues): \$150
(includes pre-conference workshops
and meetings on Sunday)

One Day (Mon or Tues): \$75

To register for the conference please go to:

<http://www.acteva.com/booking.cfm?bevaid=205526>

For more information about
registering contact:

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HOTEL ACCOMMODATIONS

HOLIDAY INN BY THE BAY HOTEL AND CONFERENCE CENTER
88 SPRING STREET
PORTLAND, ME 04101

FOR HOTEL DETAILS PLEASE VISIT:

www.innbythebay.com

To make a reservation: Call 1-800-345-5050. Mention you are with the "SAFE MEDICINE CONFERENCE" to receive the special conference rate.

Special Conference rate: \$159.00/night + tax

Attendees must make hotel reservations before September 9th to receive the special conference rate.