PRESCRIPTION DRUG DISPOSAL IN THE LAST FRONTIER

Using the Strategic Prevention Framework in AK

AKEELA

ALASKA SAFE MEDICINE ALLIANCE
Presenters

- Mary Sullivan, Program Manager SBHC, Akeela Inc.
- Capt. Keith Mallard, Alaska State Troopers (AST)
- Group Supervisor Ruth Carter, US DEA
Strategic Prevention Framework

- SAMHSA’s formal five step process involving:
  - Assessment
  - Capacity
  - Planning
  - Implementation
  - Evaluation
The Strategic Prevention Framework
How Did We Get Started?

- Akeela formed the Seniors Behavioral Health Coalition in 2008 (SBHC)

- Assessment phase of the SBHC revealed problems in senior population of Alaska related to prescription drug management and health literacy.

- Types of problems varied somewhat across Alaska
Assessment Cont’d: Readiness & Awareness

- Readiness to address prescription management was high
- Awareness of provider communities was high
- Awareness of general population was low
Capacity

- Human resources, material resources
- Challenges
- Assets
- Varied interest groups, motivations
Planning

- Planning process of SBHC/Akeela Inc.
- Logic model
- Theory of change and environmental strategies
Environmental Strategies

Figure 1: Prevention Strategies Attempt to Alter Two Kinds of Environments

Strategies Targeting Individualized Environments
- Socialize, Instruct, Guide, Counsel
- Family
- School
- Faith Community
- Health Care Providers

Strategies Targeting the Shared Environment
- Support, Thwart
- Norms
- Regulations
- Availability

Implementation

- Pilot projects
- Inputs and outputs
Some Partners

Anchorage Community Mental Health Services, Inc.

Seniors Behavioral Health Coalition
More Partners
Evaluation

- Work with Service to Science project
- Outcomes and process measures from pilot effort used to establish larger alliance statewide and begin planning for next phase of project: statewide program
<table>
<thead>
<tr>
<th>Forming the Statewide Alliance</th>
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<td><strong>Assets and Challenges</strong></td>
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Note: The table and diagram format is used to organize the information, but the specific details are not clearly visible in the image.
Some Pics of our Statewide Pilot
Some more pics
Some more pics
Pics cont’d
The size of Alaska is equivalent to the entire Eastern Seaboard spanning north to south from Maine to Florida and west to Tennessee.

*Alaska is 586,400 square miles, over twice the size of Texas*
Road Access in AK
Egegik, Stebbins, Rural AK
Statewide Alliance: scope

- Akeela Inc., AST, National Guard Counter Drug Support Program (CDSP), DEA and other partners
- Varied interests cont’d:
  - Legal Context (stats from ABADE)
  - Social Implications (youth, seniors)
  - Environmental Concerns (water)
Future Plans

- Outcomes from first statewide pilot
- Challenges
- Successes
- Policy advocacy, long-term solutions
Questions?

- Thank you!

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