

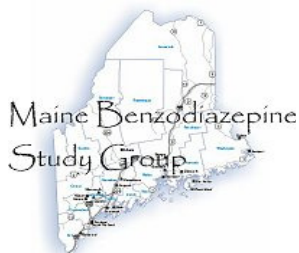
# Advance Program

## 2008 International Symposium on Pharmaceuticals in the Home and Environment: Catalysts for Change

*Sixth Annual Maine Benzodiazepine Study Group Conference*

&

*Fifth Annual Unused Drug Return Conference*



**Monday - Tuesday  
November 10 – 11, 2008  
Wyndham Hotel Portland Airport  
South Portland, ME**



This conference is designed for health care professionals, policymakers, law enforcement personnel, environmentalists, substance abuse professionals, and others concerned with the human and environmental impact of benzodiazepines and other prescription drugs.

**Track A: Safe Drug Return** focuses on the environmental and social impact of unused prescription drugs stored in homes and flushed or otherwise discarded into the environment. Innovative return and disposal policy and program responses will be illustrated.

**Track B: Benzodiazepines and Other Prescription Drugs** addresses the multitude of issues surrounding the use, misuse, and abuse of prescription drugs with a special focus on benzodiazepines, a class of medications used to treat anxiety, stress, and insomnia. Pertinent health safety and improved medication prescribing practices will be considered.

Plenary presentations will include perspectives and information from critical policy and knowledge experts on topics such as drug diversion and abuse, drugs and vulnerable populations, new developments at the federal level, international initiatives, an update on the Athens Declaration and others.

For more information, call Conference Planning and Administration at the University of Maine Center on Aging, 207.262.7928, [jason.charland@umit.maine.edu](mailto:jason.charland@umit.maine.edu) or Continuing Medical Education Administration at the University of New England, 207.602.2589, [cme@une.edu](mailto:cme@une.edu)

**Registration fees** (*registration form is on last page*)

**2 days**      \$199 (*students = \$150*)  
**1 day**        \$119 (*students = \$75*)

**Monday, November 10 – Early Morning  
General Session**

**7:30 AM - REGISTRATION/CONTINENTAL BREAKFAST  
Welcoming Remarks and Keynotes**

- Lenard W. Kaye, Director, University of Maine Center on Aging
- The Office of the Honorable Governor John E. Baldacci (Invited)
- Maine's U.S. Congressional Delegation: Senator Olympia J. Snowe, Senator Susan M. Collins, Congressman Mike Michaud, and Congressman Tom Allen (Invited)
- David P. Littell, Commissioner, Maine Department of Environmental Protection
- Randal C. Manning, Executive Director, Maine Board of Licensure in Medicine; Sheridan R. Oldham, Chairwoman, Maine Board of Licensure in Medicine
- Anne H. Jordan, Commissioner of the Maine Department of Public Safety
- Bertha Madras, Deputy Director for Demand Reduction, White House Office of National Drug Control Policy (ONDCP)
- Lessons from the 4<sup>th</sup> Century BC: "First do no harm." Wendy J. Wolf, President and CEO, Maine Health Access Foundation

**Monday, November 10 – Late Morning  
Track A – Safe Drug Return (10:40 a.m. – Noon)**

**Symposium**

The Latest Developments in the U.S. Environmental Protection Agency's (E.P.A.) Aging Initiative Prudent Disposal Projects

**Facilitator:** Kathy Sykes, Senior Advisor, U.S.E.P.A. Aging Initiative

**Presenters:**

- Safe Medicine Disposal for ME  
Lenard W. Kaye, Director, and Jennifer A. Crittenden, Research Associate, University of Maine Center on Aging; Stevan Gressitt, Medical Director, Office of Adult Mental Health Services, Maine Department of Health and Human Services; Roy McKinney, Director, Maine Drug Enforcement Agency
- RxMEDS: Results from a Partnership for an Ongoing Medication Disposal Program  
Amy M. Tiemeier, Assistant Professor of Pharmacy Practice, St. Louis College of Pharmacy; Nicole Gattas, Assistant Professor of Pharmacy Practice, St. Louis College of Pharmacy; Sterling Hayden, Vice President, Area Resources for Community and Human Services (ARCHS), St. Louis, MO

**Monday, November 10 – Late Morning  
Track B – Benzodiazepines and Other Prescription  
Drugs (10:40 a.m. – Noon)**

**Individual Presentations**

- Patient-Centered Medical Home and the Implications for Safe Prescribing Practices  
Lisa M. Letourneau, Executive Director, Quality Counts
- Taking Action Today in Our Schools: The "Youth Rx Abuse Awareness Initiative" Carl Lakari, Coordinator, Project AWARE

**12:00 – 1:10 p.m. – LUNCH**

**Monday, November 10 – Afternoon  
Track A – Safe Drug Return (1:10 – 4:30 p.m.)**

**Symposium**

Drug Return Program Innovations (Part I)

**Facilitator:** Hon. Anne C. Perry, Representative, State of Maine

**Presenters:**

- Medicine Return Pilot and Producer Responsibility Legislation in Washington State  
Shirley Reitz, Associate Director, Pharmacy Clinical Services, Group Health Cooperative; Cherie Grasso, Health and Environmental Investigator, Local Hazardous Waste Management Program in King County, WA
- Strategies for Sustainable Unwanted Medicine Collection Programs: In the Classroom, in Communities, in Illinois, and Beyond  
Susan Boehme, Illinois-Indiana Sea Grant, University of Illinois and Urbana Champaign, Liaison to the U.S.E.P.A. Great Lakes National Program Office; Eric Bohm, and Paul Ritter, Pontiac Township High School, Pontiac, IL
- Investigating Unwanted Pharmaceuticals: A Green Pharmacy Research Study  
Joel Kreisberg, Executive Director, Teleosis Institute, Berkeley, CA
- Engaging Older Adult Volunteers in Drug Take-Back Programs  
Jason C. Charland, Program Associate, University of Maine Center on Aging

**Individual Presentations**

- The National Directory for Drug Take-Back and Disposal Programs  
Matthew C. Mireles, President/Director of Research, Community Medical Foundation for Patient Safety
- Special Considerations for Unused Drugs Subject to Restricted Distribution Programs  
Colleen Chawla, Manager, State Government Relations, Celgene Corporation
- Poison Control Centers and Drug Return Education  
Melissa A. Heinen, Education and Research Coordinator, Northern New England Poison Center; Colleen Longfellow, Education Coordinator, Regional Center for Poison Control and Prevention

**Monday, November 10 - Afternoon**  
**Track B - Benzodiazepines and Other Prescription**  
**Drugs (1:10 – 4:50 p.m.)**

**Symposium**

Drug Diversion, Fraud, and Prevention

**Facilitator:** Todd Mandell, Medical Director, Office of Drug and Alcohol Programs, Vermont

**Presenters:**

- Diversion and Fraud Related to Prescription Drug Abuse: Case Studies  
Rebecca Busch, President and CEO, Medical Business Associates, Inc.
- Diversion of Prescription Opioids: Does This Drive Maine's Epidemic of Opioid Addiction and If So, Why Aren't We Doing Anything About It?  
James Berry, Physician Faculty, Eastern Maine Medical Center Family Practice Residency Program
- Partnership for Change: Decreasing Prescription Drug Diversion in Kennebec County  
Alison Jones Webb, Public Health Specialist, Prevention Center, Maine General Medical Center; Charles Rumsey, Deputy Chief of Police, City of Waterville; Nancy Findlan, Project Director, Greater Waterville Communities for Children and Youth/Prevention Coalition
- Are You Medicine Smart™? A New Framework for Addressing Issues Related to Promoting Safe and Appropriate Medicine Use  
William Ray Bullman, Executive Vice President, National Council on Patient Information and Education (NCPPIE)

**Individual Presentation**

- Dosed Without Prescription: a Non-Governmental Organization (NGO) Perspective and Recommendations  
Mae C. Wu, Staff Attorney, Health and Environment Program, Natural Resources Defense Council

**Panel**

- Unique Alliances in the Pharmaceutical Industry to Avoid Misuse and Abuse of Prescription Drugs and Over the Counter Drugs

**Facilitator:** Sharon A. Brigner, Deputy Vice President, Access and Affordability, Pharmaceutical and Research Manufacturers of America (PhRMA)

**Panelists:**

Frank Pegueros, Executive Director, DARE America; Mary Elizabeth Elliott, Vice President, Communications & Membership; Elizabeth Funderburk, Director, Communications & Media Relations, Consumer Healthcare Products Association; Jim McGivney, Assistant Director, Drug Enforcement Association Museum Foundation; Sean Clarkin, Vice President, Partnership for a Drug Free America

**Individual Presentation**

- The Beers Criteria and Inappropriate Medications Prescribed to the Elderly  
David J. Mokler, Professor, Department of Pharmacology, University of New England College of Osteopathic Medicine

**5:00 p.m. – RECEPTION**

**DINNER (On your own)**

**Tuesday, November 11 – Early Morning**  
**General Session**

**7:30 AM - REGISTRATION/CONTINENTAL BREAKFAST**  
**Welcoming Remarks, Athens Declaration Update & Keynotes**

- Update on the Athens Declaration  
Stevan Gressitt, Medical Director, Office of Adult Mental Health Services, Maine Department of Health and Human Services
- John R. Gimpel, Vice President for Health Services & Dean, Professor of Family Medicine, University of New England College of Osteopathic Medicine
- Postal Service Initiatives in Environmental Preservation  
Sam Pulcrano, Vice President of Sustainability, United States Postal Service
- Pharmaceutical Drug Diversion & Abuse  
Mark Caverly, Chief Liaison and Policy, Office of Diversion Control, U.S. Drug Enforcement Administration
- An Update on Developments at the U.S. Food and Drug Administration  
James R. Hunter, Senior Program Manager, U.S. Food and Drug Administration

**Tuesday, November 11 – Late Morning**  
**Track A – Safe Drug Return (10:45 a.m. – Noon)**

**Symposium**

Environmental and Individual Health Impacts

**Facilitator:** Ann Pistell, Environmental Specialist, Maine Department of Environmental Protection

**Presenters:**

- A Public Health Perspective on Defining the Problem of Pharmaceutical Products in Global Water Supplies  
Marie Liles, MPH candidate, Department of Epidemiology, School of Public Health, Boston University
- Pharmaceutical Waste: Pharmaceutical Returns and Resource Conservation and Recovery Act (RCRA) Liability  
William Kulas, Environmental Program Manager, Department of Veterans' Affairs
- New Zealand – Can We Live Up to the "Clean-Green" Image?  
Rhiannon Braund, Clinical Pharmacy Practice Lecturer, School of Pharmacy, University of Otago, Dunedin, New Zealand
- Somebody Always Lives Downstream...  
Patti Nelson, Pharmacist, State of Wyoming, Michigan, Wyoming Medical Center

**Tuesday, November 11 – Late Morning  
Track B – Benzodiazepines and Other Prescription  
Drugs (10:30 a.m. - Noon)**

**Symposium**

Medication Management and Prescribing  
**Facilitator:** Janis Petzel, Adult and Geriatric Psychiatrist, Hallowell, ME and Assistant Professor (Adjunct) Dartmouth Medical School and Maine-Dartmouth Family Practice Residency Geriatric Fellowship

**Presenters:**

- Benzodiazepine Data Trends and Comparisons Between Maine's Prescription Monitoring Program and Treatment Data System  
Debra Brucker, Data and Research Team Manager, and Daniel Eccher, Project Coordinator, Prescription Monitoring Program, Office of Substance Abuse, Maine Department of Health and Human Services
- A Tri-State Academic Detailing Collaborative  
Jennifer L. Reck, Policy Analyst, Prescription Policy Choices/Project Manager, Academic Detailing Planning Initiative
- Urban and Rural Multiple Site Survey of Physician Benzodiazepine Prescribing Patterns  
Gerry Mugford, Clinical Epidemiologist and Coordinator, Clinical Epidemiology Graduate Medicine Program, Faculty of Medicine, Memorial University of Newfoundland; Marcella Sorg, Director Rural Drug and Alcohol Program, Margaret Chase Smith Policy Center, University of Maine; James Berry, Physician Faculty, Eastern Maine Medical Center Family Practice Residency Program; Ted Callanan, Chairman, Department of Psychiatry, Memorial University of Newfoundland; Stevan Gressitt, Medical Director, Office of Adult Mental Health Services, Maine Department of Health and Human Services;
- Behavioral Health Utilization Management Systems for Detecting Under-Utilization and Over-Utilization of Services  
Katherine L. Ray, Medical Director, Maine ASO, APS Healthcare

**12:00 – 1:10 p.m. LUNCH – Annual SPIKE Award**

Presenter: Stevan Gressitt, Medical Director, Office of Adult Mental Health Services, Maine Department of Health and Human Services  
Awardee: To Be Announced

**Tuesday, November 11 – Afternoon  
Track A – Safe Drug Return (1:10 – 4:15 p.m.)**

**Symposium**

Drug Return Program Innovations (Part 2)  
**Facilitator:** Bill Flagg, Director of Community Relations and Development, Cary Medical Center

**Presenters:**

- Drug Disposal and Hospice Care in Massachusetts  
Libby Levison, Public Health Consultant, Stow, MA; Susie Foster, Professor of International Health, Boston University School of Public Health, and Director of Public Policy and Education, Alliance for the Prudent Use of Antibiotics

- Marketing of a County Take-Back Program and the Analysis of Household Pharmaceutical Waste  
Grace Welham, School of Pharmacy, University of Wisconsin-Madison; Kendra Jacobsen, Executive Director, Madison Patient Safety Collaborative
- An Update and Call for Collaboration on the Product Stewardship Institute's National Dialogue on Unwanted/Waste Pharmaceuticals  
Sierra Fletcher, Associate for Policy and Programs, Product Stewardship Institute, Inc.
- Discussant: How Drug Take-Back Programs Might Contribute to Drug Surveillance  
J. David Haddox, Vice President, Risk Management and Health Policy, Purdue Pharma L.P.

**Symposium**

Diverse Perspectives on Drug Return and Disposal  
**Facilitator:** Elsie Freeman, Medical Director, Maine Department of Health and Human Services Office of Quality Improvement

**Presenters:**

- SMarxT™ Disposal Catalyst for Change: Changing Unused Medicine Disposal Guidance from Flushing to Proper Disposal in Household Trash  
Leslie N. Wood, Director of State Policy, Pharmaceutical and Research Manufacturers of America (PhRMA)
- Get the Old Meds Out – Wisconsin's Pilot Pharmaceutical Take Back Program  
Steve Brachman, Waste Reduction Specialist, University of Wisconsin-Extension Solid & Hazardous Waste Education Center; Mary Hendrickson, Director of Quality & Regulatory Affairs, Capital Returns, Inc.

**Individual Presentation**

- The Engagement of Council of Governments (CoGs) in the Prescription Drug Take Back Movement  
Ross Nason, Environmental Planner, Kennebec Valley Council of Governments; Ken Young, Executive Director, Kennebec Valley Council of Governments

**Tuesday, November 11 – Afternoon  
Track B - Benzodiazepines and Other Prescription  
Drugs (1:10 – 4:15 p.m.)**

**Symposium**

International Perspectives on Pharmaceutical Prescribing, Mortalities and Disposal  
**Facilitator:** Karen E. Simone, Managing Director, Northern New England Poison Center

**Presenters:**

- National and International Epidemiology of RX Drug Mortalities, with a Focus on Benzodiazepines  
Marcella Sorg, Director, Rural Drug and Alcohol Program, Margaret Chase Smith Policy Center, University of Maine; Gerry Mugford, Clinical Epidemiologist and Coordinator, Clinical Epidemiology Graduate Medicine Program, Faculty of Medicine, Memorial University of Newfoundland
- Pharmaceutical Disposal Programs for the Public: A Canadian Perspective  
Edith Gagnon, Policy Analyst, Environmental Impact Initiative, Policy, Planning and International Affairs Directorate, Health Products and Food Branch (H.P.F.B.), Health Canada

### Individual Presentation

- The Researched Abuse, Diversion and Addiction-Related Surveillance (RADARS®) System  
Nabarun Dasgupta, Researcher, RADARS® System, Rocky Mountain Poison and Drug Center, and Epidemiologist, UNC School of Public Health, Chapel Hill, NC

### Panel

- Improving Medication Management: a Review of the Evidence and Lessons from Maine-Based Medication Management Programs  
**Facilitator:** Kimberley Fox, Senior Policy Analyst, Muskie School of Public Service, University of Southern Maine  
**Panelists:** Carolyn Gray, Research Analyst, Muskie School of Public Service; Laurie Kane-Lewis, CEO, Daniel Frank Davis Russell Medical Centers; Michael Mitchell, Clinical Director, Crisis and Counseling Centers

### 4:15 – 4:30 p.m. Plenary Session: Conference Wrap Up and Plans for Next Year

Stevan Gressitt, Medical Director, Office of Adult Mental Health Services, Maine Department of Health and Human Services; Lenard W. Kaye, Director, University of Maine Center on Aging

### 4:30 p.m.: Conference Closing and Completion of Evaluations

**NOTE: All topics, times and speakers are subject to change without notice.**

## CONFERENCE PARTNERS



**DRUG  
DISPOSAL**



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## Additional Conference Information

- Continental Breakfast, lunch and refreshment breaks will be served daily. *Please notify us when registering if you have vegetarian or other dietary restrictions.*
- To register now, mail or fax the completed registration form below or online at [www.mainebenzo.org/2008conference.htm](http://www.mainebenzo.org/2008conference.htm).
- Registration at the door on the day of the conference is available; however, an additional \$20 service fee will be charged.
- Conference attendees will be directed to visit exhibition tables during scheduled break times.

### **Continuing Professional Education:**

- The University of New England is accredited by the American Osteopathic Association and the Maine Medical Association to provide continuing medical education for physicians. UNE designates this educational activity for a maximum of 11.0 Category 2A osteopathic, and 11.5 AMA PRA Category 1™ credits.
- Approved for 11.5 University contact hours (1.2 CEUs) by the University of New England.
- Other continuing professional education credits are anticipated – see full brochure, available soon, for complete listing.

### **Accommodations:**

**Wyndham Hotel Portland Airport**  
363 Maine Mall Road  
South Portland, ME 04106  
1-800-996-3426 (1-800-WYNDHAM)  
Group Code: UMaine Center on Aging  
Group Room Rate: \$94. + tax  
(Conference attendees are responsible for their own travel arrangements)

### Questions?

- Conference Planning & Administration – University of Maine Center on Aging – 207.262.7928 or
- Conference Registration & Continuing Medical Education – UNECME – 207.602.2589



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Catalysts for Change**

***Sixth Annual Maine Benzodiazepine Study Group Conference &  
Fifth Annual Unused Drug Return Conference***

Monday – Tuesday, November 10 –11, 2008

**Conference Registration Form**

Full Name \_\_\_\_\_ Degrees/Credentials \_\_\_\_\_

Title/Profession \_\_\_\_\_

Organization \_\_\_\_\_

Work Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_

Work Phone \_\_\_\_\_ Mobile \_\_\_\_\_ Fax \_\_\_\_\_

2 days (\$199; students \$150)  
Monday only (\$119; students \$75)  
Tuesday only (\$119; students \$75)

Please select your Track:  
Track A (Drug Return)  
Track B (Rx Drugs)

Monday	Tuesday
_____	_____
_____	_____

Payment:      Check (*payable to UNE*)      MasterCard      VISA      Discover

Card # \_\_\_\_\_ Exp \_\_\_\_\_ 3-digit security code (VIN #) \_\_\_\_\_

Name on card \_\_\_\_\_

Cardholder address (if different from above) \_\_\_\_\_ Zip \_\_\_\_\_

Cardholder signature \_\_\_\_\_

**REGISTER BY:**

**Mail: Continuing Medical Education**  
University of New England  
11 Hills Beach Road  
Biddeford, ME 04005

**Phone:** 207.602.2589  
**Fax :** 207.602.5957  
**Email:** [cme@une.edu](mailto:cme@une.edu)

**Online:** [www.mainebenzo.org/2008conference.htm](http://www.mainebenzo.org/2008conference.htm)