

Improving Patient Safety through Informed Medication Prescribing and Disposal Practices

Fifth Annual Maine Benzodiazepine Study Group Conference



Fourth Annual Unused Drug Return Conference

**October 31 -
November 1, 2007
Holiday Inn by the Bay
Portland, Maine**



This conference is designed for health care professionals, policy makers, law enforcement personnel, environmentalists, substance abuse professionals, and others concerned with the human and environmental impact of benzodiazepines and other prescription drugs.

Track A: Safe Drug Return focuses on the environmental and social impact of unused prescription drugs stored in homes and flushed or otherwise discarded into the environment. Innovative return and disposal policy and program responses will be illustrated.

Track B: Benzodiazepines and Other Prescription Drugs addresses the multitude of issues surrounding the use, misuse, and abuse of prescription drugs with a special focus on benzodiazepines, a class of medications used to treat anxiety, stress, and insomnia. Pertinent health safety and improved medication prescribing practices will be considered.

This conference will also provide the first opportunity for a North American audience to review the Athens Declaration, an international declaration addressing unused consumer medications for the betterment of the health of the environment and patients world wide.

For more information call 207.262.7928 or e-mail jason.charland@umit.maine.edu.

Registration fees

(form found on last page)

2 days	\$95	<i>(students = \$65)</i>
1 day	\$65	<i>(students = \$45)</i>

Registration now open!

**Wednesday, October 31 – Early Morning
General Session**

8 AM - REGISTRATION/CONTINENTAL BREAKFAST

- o Dora Anne Mills, Director, Maine Bureau of Health
- o David Littell, Commissioner, Maine Department of Environmental Protection
- o Lynn Bromley, Maine State Senator
- o The Office of the Honorable John E. Baldacci, Governor of the State of Maine
- o EPA's Current Focal Points on Prescription Drugs in the Environment
Robert W. Varney, Regional Administrator, U.S. Environmental Protection Agency, New England Office, USEPA Region 1
- o The Policy Implications of Benzodiazepines and Related Drug Return Programs
Mark B. Lapping, Interim Provost and Vice President for Academic Affairs, Distinguished Professor of Public Policy and Management, University of Southern Maine
- o Student Paper Competition Winner - TBA

**Wednesday, October 31 - Late Morning
Track A - Safe Drug Return**

- o Drug Return Programs Funded Through the EPA's Aging Initiative in Maine and St. Louis, Missouri
Kathy Sykes, Senior Advisor, Aging Initiative EPA, Lenard W. Kaye, Director and Jennifer Crittenden, Research Associate, UMaine Center on Aging, Sterling W. Hayden, Vice-President, Area Resources for Community and Human Services (ARCHS), St. Louis, Missouri, and Nicole M. Gattas, Assistant Professor of Pharmacy Practice, St. Louis College of Pharmacy, and Daniel J. Barrett, Manager, Business Development U.S. Postal Service

**Wednesday, October 31 - Late Morning
Track B – Benzodiazepines and
Other Prescription Drugs**

- o Benzo Terror! The Making of an Urban Myth
Edward Shorter, Professor of Psychiatry, Faculty of Medicine, University of Toronto
- o An Overview of Principles of Drug Use and Prescribing for the Elderly
Thomas Clark, Director of Policy & Advocacy, American Society of Consulting Pharmacists

12 PM - LUNCH – Carl Lakari & Project AWARE Educational Skits

**Wednesday, October 31 - Afternoon
Track A - Safe Drug Return**

- o Individual State Efforts in Successful Passage of Drug Return Legislation
Anne Perry, Maine House of Representatives
- o Solving the Problem of Medicine Disposal: How the Great Lakes States are Protecting Public Health
Susan Boehme, Coastal Sediment Specialist and Elizabeth Hinchey Malloy, Great Lakes Ecosystem Specialist, EPA Great Lakes National Program Office
- o Case Study of the Fox Cities, Wisconsin Unused Medication Collection Program and An Update on Wisconsin's Efforts with Unused Medications
Mary Kohrell, Associate Professor and Community Development Educator, Calumet County UWisconsin Cooperative Extension Service and Steve Brachman, Waste Reduction Specialist, UWisconsin Solid and Hazardous Waste Education Center
- o An Evaluation of Unused Medication Disposal Options
Doug Finan, GlaxoSmithKline, Matthew D. Garamone, Pfizer Inc., and James Jahnke, Schering-Plough Corporation
- o An Update on the Washington State PHARM Project
Cheri Grasso and Will Perry, Health and Environmental Investigators, Seattle Hazardous Waste Management Program
- o Pharmaceuticals in Wastewater Streams: Disposal Practices and Policy Options in Santa Barbara
Margaret Zahller, Bren School of Environmental Science & Management, University of California, Santa Barbara
- o Community Take Back Programs Panel Discussion
Ann Pistell, Environmental Specialist, Maine Department of Environmental Protection, Marla H. Davis, Manager, Community Health Education, Mid-Coast Hospital and Glenn Ross, Sheriff, Penobscot County, Maine

Wednesday, October 31 - Afternoon

Track B - Benzodiazepines and Other Prescription Drugs

- o New Users of Benzodiazepines: Implications for Elder Patient Safety
Gillian Bartlett, Assistant Professor, Department of Family Medicine, McGill University
- o Epidemiology of Benzodiazepine Data Update: Prescribing and Usage Rates in the U.S. and Canada
Marcella H. Sorg, Research Assoc., Margaret Chase Smith Policy Center for Public Policy and Gerry Muggford, Assistant Professor, Dept. of Psychiatry, Memorial University of Newfoundland
- o Current Trends and Concerns Surrounding Benzodiazepine Poisoning
Karen E. Simone, Managing Director, Northern New England Poison Center
- o Maine's Prescription Monitoring Program (PMP): A Tool for Avoiding Drug Diversion
Daniel J. Eccher, Prescription Monitoring Program Coordinator, Maine Office of Substance Abuse

- o *Academic Detailing*
Michael Allen, Director of Special Projects Continuing Medical Education, Dalhousie University

**5:30 PM - GALA RECEPTION
(Sponsored by the American Pharmacists Association)**

DINNER (On your own)

8 PM - FILM FESTIVAL

**Thursday, November 1 – Early Morning
General Session**

8 AM - REGISTRATION/CONTINENTAL BREAKFAST

- o Annual SPIKE AWARD
- o Non Medical Use of Prescription Drugs: Challenges and Solutions”,
Dr. Bertha Madras, Deputy Director, Demand Reduction White House Office of National Drug Control Policy
- o Drug Abuse Patterns in Vermont
Todd Mandell, Medical Director and Peter Lee, Treatment and Intervention Management Chief, Office of Drug and Alcohol Programs, State of Vermont
- o Quality Medical Donations & Minimizing Drug Disposal
Anthoula Randopoulos, Vice-President, Philanthropic Investment, Direct Relief International

**Thursday, November 1 - Late Morning
Track A - Safe Drug Return**

- o Get Rid of Unused Pharmaceuticals (GROUP) Campaign
Matthew C. Mireles, President/Director of Research, and Elizabeth A. Smith, Founder/Chairman, Community Medical Foundation for Patient Safety
- o Removal of Emerging Contaminants from Aqueous Streams
Rominder P.S. Suri, Director, Villanova Center for the Environment

**Thursday, November 1 - Late Morning
Track B – Benzodiazepines and Other Prescription Drugs**

- o Inter-Professional Continuing Education for Management of Chronic Non-Cancer Pain
Michael Allen, Director of Special Projects, Continuing Medical Education, Dalhousie University
- o National Drug Intelligence Center (NDIC) Data Update
Stevan Gressitt, Medical Director, Northeast Occupational Exchange
- o Access Denied? The Medicare Part D Benzodiazepine Challenge and Maine's Coverage Solution
Stacie M. Sparkman, Medicare Prescription Drug Coverage Specialist, Eastern Agency on Aging

12 PM - LUNCH

-Student Paper Competition Presentation

**Thursday, November 1 - Afternoon
Track A - Safe Drug Return**

- o Lessons Learned from the Reverse Distribution Industry and Implications for National Consumer Take Back Programs
Mark Harvey, Director of Operations, EXP Pharmaceutical Services Corporation
- o DEA Regulatory Changes Needed to Help Facilitate Drug Take Back Programs and Reverse Distribution
Mary Hendrickson, Director of Quality & Regulatory Affairs, Capital Returns, Inc. and Joanie A. Burns, Section Chief, Hazardous Waste Prevention and Management, Bureau of Waste and Materials Management, Wisconsin Department of Natural Resources
- o The Impact of Benzodiazepines Across the Lifespan
Niamh Holohan, Geriatric Psychiatrist, Bangor, ME
- o The Unused and Expired Medicines Registry
Matthew C. Mireles, President/Director of Research, and Elizabeth A. Smith, Founder/Chairman, Community Medical Foundation for Patient Safety
- o Development of Consumer Education Products Focusing on Safe Medication Disposal – Work Session Facilitated by *Ray Bullman, Executive VP, National Council for Patient Information & Education (NCPIE)*

**Thursday, November 1 - Afternoon
Track B – Benzodiazepines and Other Prescription Drugs**

- o Developing Support Programs for People Withdrawing from Benzodiazepine Medications
Pam Butler, Case Worker, Maine Department of Health and Human Services
- o Healthcare Fraud & Prescribing Trends
Gregg Wood, Health Care Fraud Investigator, U.S. Attorney's Office
- o Pharmacology for the Aging Population
David J. Mokler, Professor of Pharmacology, University of New England
- o Evidence Based Medicine and Treatment Decision Points
Jeffrey S. Barkin, Private Practice Psychiatrist Portland, Maine
- o Benzodiazepine Prescribing Guidelines Workgroup
James Berry, Physician, Family Practice Residency, Eastern Maine Medical Center, Ben Crocker, Staff Psychiatrist, Maine Medical Center, Todd Mandell, Medical Director, Office of Drug and Alcohol Programs, Vermont, & Gillian Bartlett, Professor, Clinical and Health Informatics Research, Dept. of Family Medicine, McGill University

4:30 PM - CONFERENCE ADJOURNMENT

Additional Conference Information

Buffet breakfast, lunch, and refreshments will be served daily. To register, mail in the completed registration form (found at <http://www.mainebenzo.org/2007conference.htm>). An additional \$20 service fee will be charged for registrations at the door.

Continuing education credits:

- 11.5 AMA PRA Category I Credit™
- Cary Medical Center designates this educational activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)™
- Physicians should only claim credit commensurate with the extent of their participation in the activity.
- Cary Medical Center is Accredited by the Maine Medical Association to sponsor continuing medical Education for Physicians.

Accommodations are available at the Holiday Inn By the Bay at a special conference rate of \$110/night, effective until Sept 30, 2007.

Travel arrangements are the responsibility of registrants. For more information call 207.262.7928 or e-mail jason.charland@umit.maine.edu.

Conference Sponsors and Partners



Holiday Inn by the Bay
88 Spring Street, Portland, ME
207.775.2311
Toll free: 800.345.5050
www.innbythebay.com

Improving Patient Safety through Informed Medication Prescribing and Disposal Practices Conference

*Fifth Annual Maine Benzodiazepine Study Group International Conference
& Fourth Annual Unused Drug Return International Conference*
October 31 - November 1, 2007 • Holiday Inn By the Bay • Portland, ME

Conference Registration Form

Last Name: _____ First Name: _____

Title: _____

Organization: _____

Address: _____

Phone: _____ Fax: _____

Email: _____

- | | |
|---|--|
| <input type="checkbox"/> 2 days (\$95; students \$65) | <input type="checkbox"/> Check enclosed (make payable to UMaine Center on Aging) |
| <input type="checkbox"/> Oct. 31 only (\$65; students \$45) | Conference track preference: |
| <input type="checkbox"/> Nov. 1 only (\$65; students \$45) | <input type="checkbox"/> Track A <input type="checkbox"/> Track B |

Please print and complete registration form. Return form and payment to:

Prescription Drug Conference, Attn: Mary Peters
UMaine Center on Aging, Camden Hall, 25 Texas Avenue, Bangor, ME 04401-4324